

REFUGEES, RESILIENCE AND RESETTLEMENT

A strengths-based approach

**CENTRE
FOR
APPLIED
YOUTH
RESEARCH**

Dr Jen Couch | Workshop
9.30 am – 12.30 pm, 30 June 2017
Room 346, Humanities Building
Sandy Bay Campus, University of Tasmania

In the humanitarian emergency of refugees forced displacement, the needs and struggles of the individual, family and community are broad and complex. Separation from friends and neighbours, disconnection from land, loss of home, physical and psychological trauma and disconnection in a foreign environment are just a few of the challenges faced by two million forcibly displaced people.

However, despite this seemingly hopeless reality, young people settle in Australia with a range of resources and strengths. They have survived, adapted, been strong, resourceful, responsible and resilient.

Drawing on extensive experience in working with young people in protracted refugee settings, including the Thai Burma border and the Tibetan community in India, Jen Couch will facilitate this half-day workshop that will give participants a greater understanding of how to use a strength-based and trauma-informed practice in their work with young people from a refugee background. Throughout this workshop she will focus on the recognition of both trauma and resiliency and its impact in resettlement. Participants will receive a good understanding of how to confidently foster a safe and supportive environment when working with young people of refugee background.

Dr Couch is a senior lecturer in youth work at the Australian Catholic University (ACU). She has established a national reputation for her work in the area of refugee young people and resettlement, and is one of the few academics to undertake research on young people from refugee backgrounds and homelessness. Before beginning at ACU 10 years ago, she worked extensively in the youth and community sectors in Australia and South Asia.

She has worked with, and on behalf of, young people in the areas of refugee settlement, displacement, homelessness, rights and participation, torture and trauma, and capacity building. Dr Couch has published widely in the area of young people and marginalisation and is particularly interested in working in hopeful and positive ways to change social inequalities and exclusion.

To register your interest in this invitation-only workshop, please email: info@cayr.info

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